ALL ABOUT ME

Getting to know

Blessed William Howard Catholic High School

Name:

Form:

BWH BE PREPARED WORK HARD HAVE RESPECT

GETTING TO KNOW ME

5 Things **I am good at**

1. _____
2. _____
3. _____
4. _____
5. _____

5 Things **I find difficult**

1. _____
2. _____
3. _____
4. _____
5. _____

Interesting things about me…

My favourite place is: _____

My favourite food is: _____

My interests are: _____

I don't like: _____

I like to listen to: _____

My favourite band/music is: _____

My favourite sport is: _____

My favourite tv programme is: _____

My favourite colour is: _____

I would most like to be: _____

I am looking forward to: _____

I am most relaxed when: _____

I worry about: _____

GETTING TO KNOW BWH

Now you have your place at **Blessed William Howard**, it's a good idea to find out as much about us as you can before you start.

IMPORTANT INFORMATION

The School Address

Blessed William Howard Catholic School, Rowley Avenue Stafford

ST17 9AB

The School Telephone

01785 244236

The School Website

www.bwh.staffs.sch.uk

Important People you need to know:

Head of School - Mr Dudley

The Vice Principals - Mr Wells & Mrs Readyhough

Head of Year 7 – Mrs Carpenter
nca@bwh.staffs.sch.uk

SLT Link – Mrs Deakin

8 Facts I have learnt about BWH from the school website…

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

Blessed William Howard Catholic School

#LOVEBWH

UNIFORM MATTERS

WEAR IT WITH PRIDE

JEWELLERY

SMALL STUDS IN THE LOWER EAR LOBE

HAIR

NATURAL COLOUR
NO EXTREME CUTS

GIRLS

- ☑ WHITE SHIRT BLACK TAILORED TROUSERS OR SKIRT
- ☑ SCHOOL BLAZER CORRECT TIE
- ☑ BLACK SOCKS SMART SHOES

BOYS

- ☑ WHITE SHIRT BLACK TROUSERS
- ☑ SCHOOL BLAZER CORRECT TIE
- ☑ BLACK SOCKS SMART SHOES

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COMPASSION FAITH RESPECT

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Year 7 Equipment

September 2026

A reading book

2 black pens

Scientific calculator

Pencil & Pencil sharpener

Green pen

A ruler

Eraser

Prepared for Learning

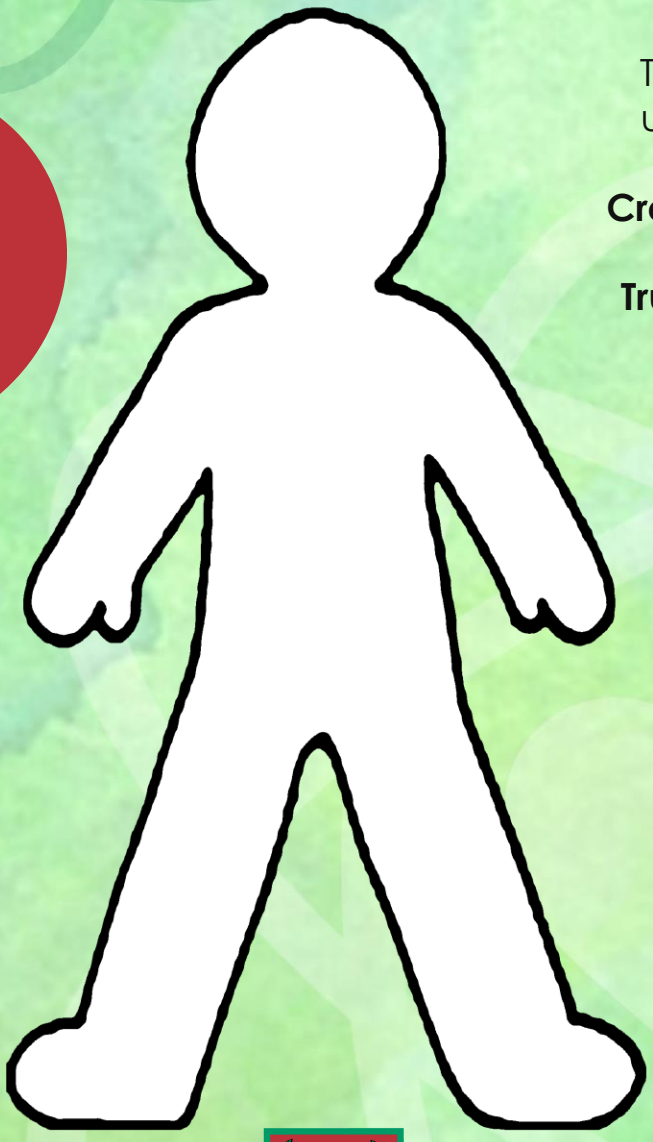
Every lesson counts

MY SCHOOL UNIFORM

We take pride in our school uniform!

Blessed William Howard students are proud to wear their uniform. It is important to look smart every day for school.

Use our school website to research what our uniform looks like.
Draw it out onto the figure below.



Remember to look carefully at our rules and guidelines on **hairstyles**

The full range of uniform may be obtained from **CrestedSchoolwear** (Stafford),and **Trutex Schoolwear** (Stone).

Don't forget you will need a **school bag** too!

?

What sort of **footwear** can you wear to school?

_____

_____

_____

_____

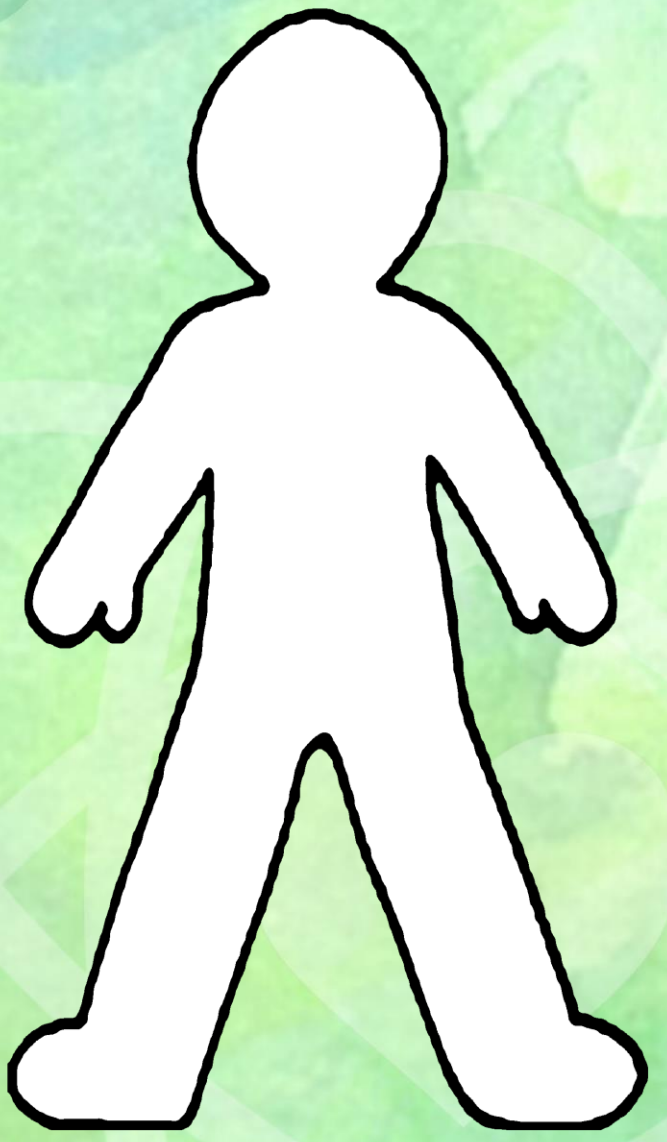
DEO FIDELIS ET PATRIAE

MY SCHOOL PE KIT

We take pride in our school uniform!

Don't forget you'll need your PE kit too!

Use our school website to research what our PE kit looks like. Draw it out onto the figure below.



What sort of **footwear** do you need for PE?

_____

_____

_____

_____

BWH QUESTION SHEET

The best way to learn new things is to ask questions…

Complete the table below using our school website to help you.

Questions about how school works	Best way to find out	Answer
What time does school start?		
What time does school finish?		
What time's break?		
What time's lunch?		
How do I access free school meals?		
How much homework do I get?		
What are achievement points?		
Where can I do my homework in my free time?		
Who is the best person to talk to if I am having problems?		
How am I rewarded for good work?		

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BWH QUESTION SHEET

The best way to learn new things is to ask questions…

Complete the table below using our school website to help you.

Questions about uniform & equipment	Best way to find out	Answer
What equipment do I need for my lessons?		
What kind of bag will I need?		
Questions about lessons	**Best way to find out**	**Answer**
How does a timetable work?		
What subjects will I be able to study?		
What facilities does the school have?		
What happens if I find the work hard?		
Are there extra things I can do outside of the classroom? Other activities?		

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HOW DO I FEEL?

Moving to a new school is a big change, it's ok to feel nervous. You will meet lots of students who will be feeling the same as you.

Use 2 different colours – highlight the phrases that you are **looking forward to** in one colour and those that you are **worried about** in another colour.

Making New Friends	Dinner time
Having a different uniform	Finding your way around
Getting to School	Meeting others my own age
Being with friends	Being with older pupils
Learning a new Timetable	Being on time
Break times	Learning new subjects
Joining clubs	School rules
Meeting my new tutor	Being able to do the work
Getting Changed for PE	Homework
Being able to do the work	New Teachers

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HOW DO I FEEL?

A solution focussed approach…

Think about **one worry** you have about starting secondary school

My worry…

_____

On a scale of 1 – 10 how worried about this am I -

1 2 3 4 5 6 7 8 9 10

How could I help myself resolve this worry?

_____

_____

Who could I talk to about this worry?

_____

_____

How do you think they could help you?

_____

_____

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GETTING ORGANISED!

Ready for the day!

Before leaving for school there are a lot of things to think about; starting from the **night before** when you **pack your bag for the next day.**

Look at the list of things to think about on a morning below.
What order of importance would you put them in?

- **Get dressed**
- **Check equipment**
- **Check timetable**
- **Wash**
- **Check homework**

- **Clean your teeth**
- **Say goodbye**
- **Wake up**
- **Eat breakfast**
- **Leave for school**

Time	What to do

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MAKING NEW FRIENDS

A big part of secondary school is making new friends and forming positive relationships with both students and teachers.

When you start secondary school you will be with lots of new students from all different primary schools. This is a great opportunity to make some new friends.

Top tips for meeting new people…

- ❑ Smile when you say hello
- ❑ Start a conversation by asking what they are doing or about something you have in common
- ❑ Introduce yourself
- ❑ Ask some questions to find out about other people
- ❑ Don't ask about sensitive topics.
- ❑ Don't ask about something that makes the other person look or sound different.
- ❑ Be Kind

Who do I contact if I need to speak to someone?

Your form tutor should always be your first point of contact. If they can't help you, they will always find someone who can.

Don't Worry!

During your first few days at school you will be completing lots of activities in your form groups to get to know the other students in your tutor group.

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OUR WEBSITE

www.bwh.staffs.sch.uk

SCAN ME

Scan for the BWH School Website

SCAN ME

Scan to see our Uniform

DEO FIDELIS ET PATRIAE

MY PROUDEST WORK

Use this page to include your proudest piece of work that you have created.

Be proud. Be BWH.

PLACE YOUR PROUDEST WORK HERE

Stick it or write it out.